

Welcome

A very big Rothay good morning! We pride ourselves on the very best dining experience with our locally sourced produce, seasonally crafted menus and international expertise. As such we have structured a decadent yet convenient breakfast menu for you with the added touch of that great Rothay service.

Menu served daily between 07:30 and 10:00 (last sitting 09:45).

Kind regards,

Chris Tomlinson MIH General Manager



TEA

Breakfast | Decaf | Earl Grey | Red Berry | Lemon Grass & Ginger Peppermint | Chamomile | Green

COFFEE

Locally blended filter

TOAST

White Bloomer | Malt Brown Bloomer | Mixed

JUICES

Orange | Apple | Other flavours on request

CHOICE OF 3 OF THE FOLLOWING ITEMS:

PASTRIES

Pan Au Chocolat | All Butter Croissant | Pan Au Raisin | All

MEATS SELECTION

Cumbrian Ham | Parma Ham | Salami | All

CHEESE SELECTION

Mild cheddar | Red Leicester | Emmental | All

PORRIDGE WITH HONEY

FRESH FRUIT SALAD

NATURAL YOGHURT

Plain | with berry compote | with Granola | with both

CEREALS

Cornflakes | Weetabix | Crunchy Nut | Fruit & Fibre | Alpen

Some of our foods contain allergens. Please speak to a member of staff for more information.



CUMBRIAN GRILL

Cumbrian sausage, bacon, sautéed mushrooms, tomato, hash brown, black pudding, your choice of egg

VEGETARIAN | VEGAN GRILL

Griddled halloumi cheese, vegan sausage, hash brown, tomato, sautéed mushroom, and your choice of eggs

POACHED EGGS

FLORENTINE (Spinach) | **ROTHAY** (Avocado)
Sourdough toast, hollandaise sauce

SMOKED SALMON

Scrambled egg

FRENCH TOAST

Bacon, maple syrup

PORRIDGE

Seasonal berries, nuts & honey

GRILLED KIPPER

Butter & lemon